

LOWELL GRADED SCHOOL Menu For  
**December 2018 Lunch**

| Monday  | Tuesday  | Wednesday   | Thursday  | Friday   |
|---|--|---|---|--|
| <b>3</b><br>HOT DOG<br>IN AN ROLL<br>FRENCH FRIES<br>GREEN BEANS<br>APPLE SAUCE     | <b>4</b><br>PIZZA<br>PEPPERONI OR<br>CHEESE<br>SALAD BAR<br>PINEAPPLE  | <b>5</b><br>BEEF TACOS<br>SALAD BAR<br>PEARS  | <b>6</b><br>BBQ CHICKEN<br>RICE PILAF<br>CORN<br>ROLL AND BUTTER<br>MANDARIN<br>ORANGES   | <b>7</b><br>TOMATO SOUP<br>GRILLED CHEESE<br>SANDWICH<br>CARROT STICKS<br>PEACHES                    |
| <b>10</b><br>HAM AND CHEESE<br>QUESADILLA<br>SALAD BAR<br>FRUIT COCKTAIL            | <b>11</b><br>CHICKEN AND<br>BISCUIT<br>MASHED POTATO<br>PEAS<br>APPLE SAUCE  | <b>12</b><br>SPAGHETTI<br>WITH<br>MEAT SAUCE<br>GARLIC BREAD<br>SALAD BAR<br>PINEAPPLE                    | <b>13</b><br>HOME MADE<br>MACARONI AND<br>CHEESE<br>GREEN BEANS<br>ROLL AND BUTTER<br>PEANUT BUTTER<br>COOKIE                       | <b>14</b><br>CREAM OF<br>BROCCOLI SOUP<br>FLUFFNUTTER<br>SANDWICH<br>CARROT STICKS<br>FRUIT COCKTAIL |
| <b>17</b><br>HOT TURKEY<br>SANDWICH<br>MASHED<br>POTATOES<br>GREEN BEANS<br>PEACHES | <b>18</b><br>SHEPHERD'S PIE<br>CARROT STICKS<br>ROLL AND BUTTER<br>PEARS   | <b>19</b><br>GRILLED<br>HAM AND CHEESE<br>SANDWICH<br>SWEET POTATO<br>FRIES<br>BROCCOLI<br>FRUIT COCKTAIL | <b>20</b><br>HOLIDAY DINNER<br>(includes roast<br>pork,mashed potato<br>peas or<br>squash.stuffing,roll<br>and butter)<br>ice cream | <b>21</b><br>BAKED BEANS<br>HOT DOG<br>IN AN ROLL<br>COLESLAW<br>APPLE                               |
| <b>24</b><br>NO SCHOOL<br>DECEMBER BREAK  | <b>25</b><br>NO SCHOOL<br>DECEMBER<br>BREAK  | <b>26</b><br>NO SCHOOL<br>DECEMBER<br>BREAK   | <b>27</b><br>NO SCHOOL<br>DECEMBER<br>BREAK   | <b>28</b><br>NO SCHOOL<br>DECEMBER BREAK   |
| <b>31</b><br>NO SCHOOL<br>CHRISTMAS<br>BREAK  | PRICES FOR LUNCH<br>STUDENT \$0.00<br>ADULT \$3.75<br>MILK \$.50<br>MENU SUBJECT TO CHANGE:<br>FRESH FRUIT ALSO OFFERED EACH DAY<br>FRESH MILK ALSO OFFERED EACH DAY<br>CHOICES OF MILK ARE<br>1/0 PERCENT OR SKIM<br>*WHOLE GRAIN PRODUCT<br>** FRESH GROWN PRODUCT |   |   |  |

**NON-DISCRIMINATION STATEMENT**

LOWELL GRADED SCHOOL Menu For

# December 2018 Breakfast

| Monday   | Tuesday  | Wednesday   | Thursday  | Friday   |
|--|--|---|---|--|
| <p>3</p> <p>HOT OR COLD<br/>CEREAL<br/>TOAST<br/>JUICE AND MILK</p>  | <p>4</p> <p>WHOLE WHEAT<br/>WAFFLES<br/>WITH<br/>MAPLE SYRUP<br/>JUICE AND MILK</p>  | <p>5</p> <p>ASSORTED<br/>CEREAL<br/>TOAST<br/>JUICE AND MILK</p>  | <p>6</p> <p>FRIED EGGS<br/>TOAST<br/>JUICE AND MILK</p>                         | <p>7</p> <p>HOT OR COLD<br/>CEREAL<br/>TOAST<br/>JUICE AND MILK</p>  |
| <p>10</p> <p>HOT OR COLD<br/>CEREAL<br/>TOAST<br/>JUICE AND MILK</p> | <p>11</p> <p>WHOLE WHEAT<br/>FRENCH TOAST<br/>WITH<br/>MAPLE SYRUP<br/>JUICE AND MILK</p>  | <p>12</p> <p>ASSORTED<br/>CEREAL<br/>TOAST<br/>JUICE AND MILK</p> | <p>13</p> <p>EGG AND CHEESE<br/>IN AN<br/>ENGLISH MUFFIN<br/>JUICE AND MILK</p> | <p>14</p> <p>HOT OR COLD<br/>CEREAL<br/>TOAST<br/>JUICE AND MILK</p> |
| <p>17</p> <p>HOT OR COLD<br/>CEREAL<br/>TOAST<br/>JUICE AND MILK</p> | <p>18</p> <p>WHOLE WHEAT<br/>PANCAKES<br/>WITH<br/>MAPLE SYRUP<br/>JUICE AND MILK</p>  | <p>19</p> <p>ASSORTED<br/>CEREAL<br/>TOAST<br/>JUICE AND MILK</p> | <p>20</p> <p>CHEESE OMELETE<br/>TOAST<br/>JUICE AND MILK</p>                    | <p>21</p> <p>HOT OR COLD<br/>CEREAL<br/>TOAST<br/>JUICE AND MILK</p> |
| <p>24</p> <p>NO SCHOOL<br/>DECEMBER BREAK</p>                        | <p>25</p> <p>NO SCHOOL<br/>DECEMBER BREAK</p>  | <p>26</p> <p>NO SCHOOL<br/>DECEMBER BREAK</p>                     | <p>27</p> <p>NO SCHOOL<br/>DECEMBER<br/>BREAK</p>                               | <p>28</p> <p>NO SCHOOL<br/>DECEMBER BREAK</p>                        |
| <p>31</p> <p>NO SCHOOL<br/>DECEMBER<br/>BREAK</p>                    | <p>PRICES FOR BREAKFAST<br/>STUDENT \$0.00<br/>ADULTS \$1.50<br/>MENU SUBJECT TO CHANGE<br/>CHOICES OF MILK<br/>1/0 PERCENT OR SKIM<br/>*WHOLE GRAIN PRODUCT<br/>**FRESH GROWN PRODUCT</p> |   |   |  |

## NON-DISCRIMINATION STATEMENT